

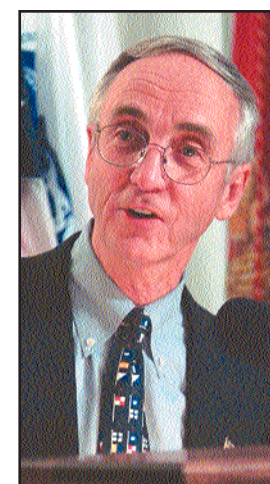
The Newport Navallog

VOL. 102 NO. 11 MARCH 15, 2002

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Seamen Erica Monteitch, left, and Robert McLoughlin, crewmen on the Coast Guard cutter Juniper, work on the electronics end of an Aid to Navigation—an offshore buoy. The buoy tender is homeported at Pier Two, Naval Station Newport.



SECNAV hails senior enlisted

The Secretary of the Navy tells Senior Enlisted Academy graduates that they are 'the backbone of the Navy.'

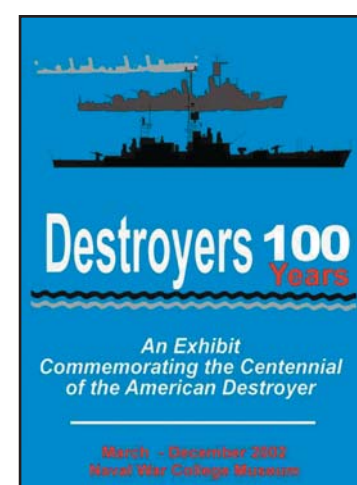
— Page 3



SWOS wins recognition

The Surface Warfare Officers School Command wins two Navy community service flag-ship awards.

— Page 4



Destroyers note 100th

The Naval War College Museum celebrates the 100th anniversary of the American destroyer.

— Pages 8-9

Vice CNO to graduates: 'There's plenty of action'

By LT. DAVID AUSIELLO
NWC Public Affairs Staff

Adm. William J. Fallon, Vice Chief of Naval Operations, addressed more than 80 graduates of the Naval War College during ceremonies last Friday in Spruance Hall. About 700 attended the ceremonies.

Telling the graduates to "build on the experiences they learned" at the Naval War College, Fallon remarked, "There is plenty of action out there for everyone."

Fallon addressed three areas of focus for Navy leadership in the Pentagon. First, the Defense Planning Guidance must address the issues of assuring allies of U.S. intentions; dissuade adversaries from challenging America; deter aggression; and defeat any enemy.

The guest speaker also emphasized the need for the military to transform into a fighting force relevant to the challenges of the 21st century and to adopt the best business practices to achieve that relevancy.

A round of applause greeted Fallon's third area of interest when he praised the operational forces doing battle in Afghanistan.

The three themes of his speech reflect the three trimesters of study at the Naval War College.

Naval War College President Rear Adm. Rodney P. Rempt echoed Fallon's remarks.

"You will be in the front lines of the terror war overseas or at home," said Rempt. "As graduates, you have the chance to put theory into practice...to lead us to victory in this new war."

Also in his remarks, Fallon recognized "the new academic triad," consisting of Rempt, graduation special guest and Naval Postgraduate Superintendent, Rear Adm. David R. Ellison, and the Naval Academy. The graduate programs at all three institutions headline the Navy's 2002 "Year of Education" initiative.

The Naval War College March Class of 2002 includes 30 senior officers and federal government civilians in the College of Naval Warfare and 54 mid-career U.S. officers and federal government civilians in the College of Naval Command and Staff. All graduates received Master of Arts degrees in National Security and Strategic Studies.



ADM. FALLON congratulates Lt. Cmdr. Michael Donnelly, College of Naval Command and Staff, for being named Honor Graduate of the Naval War College March class.



PHC (AW) Jon Hockersmith/U.S. Navy photos

ADM. WILLIAM J. FALLON, Vice Chief of Naval Operations, addresses the March graduates of the Naval War College on March 8 at Spruance Hall.

Adm. Fallon is the primary adviser to the Chief of Naval Operations on the conduct of war, the command and operating efficiency of naval forces, and the utilization of personnel and resources.

Fallon commanded Attack Squadron Sixty Five embarked in the aircraft carrier USS Dwight D. Eisenhower; Medium Attack Wing One and Carrier Air Wing Eight in USS Theodore Roosevelt during Operation Desert Storm in 1991.

Assigned as Commander, Carrier Group Eight in 1995, Fallon also deployed to the Mediterranean as Commander, USS Theodore Roosevelt Battle Group and commanded Battle Force Sixth Fleet (CTF 60) during Operation Deliberate Force in Bosnia.

Adm. Fallon hails from Merchantville, N.J. He is a 1978 graduate of the Naval War College, and has logged more than 1,300 carrier arrested landings and 4,800 flight hours in tactical jet aircraft.

He became the 31st Vice Chief of Naval Operations. **GRADUATES, Page 13**

Kennedy suggests ships for Newport

WASHINGTON — U.S. Rep. Patrick Kennedy, D-R.I., has suggested to Secretary of the Navy Gordon R. England that the Navy reactivate the piers at Naval Station Newport and return active duty ships to Newport, given the current homeland security concerns.

Kennedy met with England at the Pentagon March 8, and then toured the reconstruction project. The restoration is scheduled to be completed by Sept. 11, the first anniversary of the terrorist attacks.

It was the second time in a week that Kennedy has suggested returning ships to Newport. On March 4, the Congressman broached the subject to four-star Adm. Robert J. Natter, Commander-in-Chief, U.S. Atlantic Fleet, when both men spoke to R.I. war veterans at the Officers' Club at Newport, R.I. Natter had no comment at the time.

Kennedy said he and England discussed the long history of Navy ties to the Newport area, specifically about the synergy between the Naval Undersea Warfare Center and the high technology industry on Aquidneck Island.

Several Military Construction (MILCON) projects slated for Newport over the next few years include a new police, fire and security building for Naval Station Newport; bachelor quarters for the Naval Academy Prep School; and a library for the Naval War College.

The meeting concluded with a pledge from Kennedy that the Navy is fully funded to fulfill its mission and win the war on terrorism.

Navy Newport increases presence in Irish parade

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

Cunha, Executive Officer, Naval Station Newport, will be among the dignitaries and head the military contingent.

The multi-division procession will boast a multitude of floats, clowns, and marching units from a variety of service and civic organizations, high school bands, Irish step dancers and bagpipers, scouting groups and police and fire departments.

Other military representation from Navy Newport will include Navy Band Northeast; a marching unit and color guard from the Broadened Opportunity for Off-ST. PAT'S, **Page 14**

THE NEWPORT
NAVALOG
Capt. Ruth A. Cooper
Commanding Officer, Naval Station Newport

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NAVSTA Public Affairs Officer

Bob Krekorian
NAVSTA Public Affairs Staff

Greg Kohlweiss
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Joy Christmas
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NAVALOG Editor

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The Newport Navallog is printed on recycled paper.

Sen. Gibbs guest speaker for Women's History Month

By BON KREKORIAN
NAVSTA Public Affairs Staff

State Sen. June N. Gibbs, R-Middletown and Portsmouth, will be the keynote speaker at the Naval War College's observance of Women's History Month March 20, at 11 a.m. at the Officers' Club.

The program includes a no-host luncheon; a presentation by Dr. Catherine McArdle Kelleher, visiting professor, Naval War College's Strategic Research Department; and a performance by the Newport Navy Choristers' Nautical Notes.

Capt. Ruth A. Cooper, Commanding Officer, Naval Station Newport, will be the master of ceremonies.

Sen. Gibbs is the deputy minority leader, and serves on the Health, Education, and Welfare Committee, Finance Committee, Joint Environment and Energy Committee, and the Joint Highway Safety Committee. Prior to being elected state senator in 1984, Sen. Gibbs served on the Middletown Town Council, 1974-1980 and 1982-1984. She served as council president, 1978-1980.

She holds a bachelor of arts degree from Wellesley College, and a master's from the University of Rhode Island.

Her memberships in other business and professional organizations include the Commission on Child Care, the Long Term Care Coordinating Council, and



SECNAV hails senior enlisted

By RICHARD ALEXANDER
Navalog editor

Secretary of the Navy Gordon R. England called the senior enlisted community the "backbone of the Navy" during his address to the 100th graduating class of the Senior Enlisted Academy last Wednesday night at the Officers' Club.

England also confirmed that in a meeting with U.S. Rep. Patrick Kennedy, D-R.I., last Friday at the Pentagon, the possibility of returning active duty ships to Newport was discussed.

England's keynote address capped an afternoon in Newport which began at the Naval War College where he discussed the Navy's transformation in the 21st century with faculty members and student leaders at the Decision Support Center. He also met with the Strategic Studies Group.

England said the president knew the situation, and said this will be a very

long war," England said. "He said we will stay committed and do whatever it takes to defeat terrorism."

"The president said we must succeed, otherwise our children and grandchildren will never be able to live in peace without fear of terror."

Earlier in the evening, England met with newspaper and television media representatives. He confirmed that Kennedy, during a tour of the Pentagon reconstruction on March 8, suggested the Newport Navy piers be reactivated.

"It is an option; it is a consideration," England said. "Right now we have our ships around the world, and there is no urgency." He also said there are no efforts currently to close bases, and the next Base Closures and Realignment round will be 2005.

SEA is a nine-week course of instruction, which prepares selected senior enlisted leaders (E-8 and E-9) to better fulfill their leadership and management responsibilities. During the ensuing weeks, members of Class 100 absorbed theories and

SEA, Page 14

Retired Adm. McKee dies, first woman with flag rank

WASHINGTON (NNS)—Rear Admiral Fran McKee, the first female line officer in the Navy to be promoted to flag rank, died March 3 after suffering a stroke. She was 75.

A native of Florence, Ala., she was commissioned an ensign on Dec. 4, 1950, and progressed through the ranks to rear admiral (lower half) on June 1, 1976, as Director of Naval Education Development. She earned a second star as Director of Human Resource Management in November 1978, before retiring on June 1, 1981, after 30 years of service.

"It was quite an accomplishment for her to make admiral back then," said longtime friend and retired Navy Capt. Barbara Nyce. "It wasn't as accepted then as it is today. She was a very poised and confident person."

She touched a lot of people and had a wonderful zest for life."

Funeral services for Rear Adm. McKee will be held April 8, at 12:30 pm in the chapel of St. Barnabas Episcopal Church in Annandale, followed by a burial service with full military honors at Arlington National Cemetery.

THE CENTENNIAL CLASS — Graduates of the Senior Enlisted Academy's 100th class pose inside Tomich Hall before graduation ceremonies at the Officers' Club last Wednesday night. Secretary of the Navy Gordon England was guest speaker.

Contractor John W. Corbett photo

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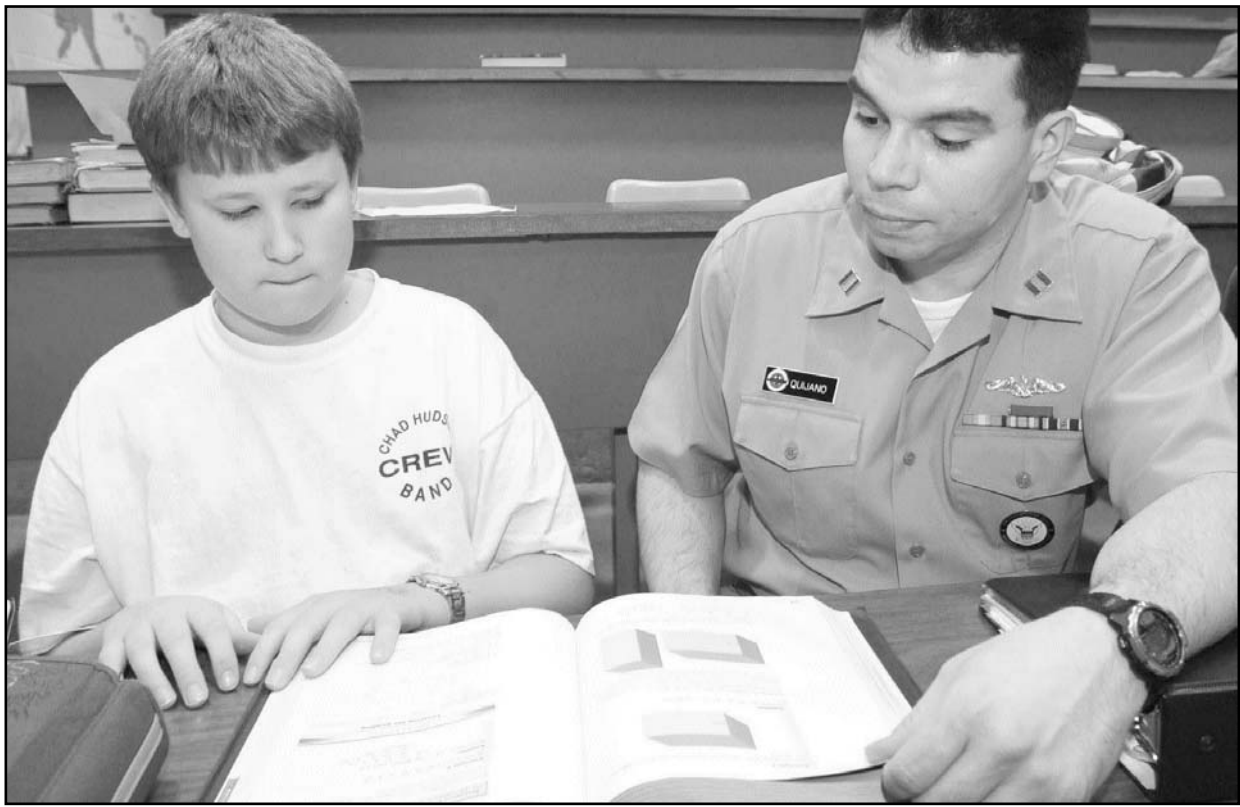
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Ron Fontaine/U.S. Navy photo

ONE ON ONE — Lt. Carmelo Quijano, an instructor at the Surface Warfare Officers School Command, helps Gaudet Middle School Grade 8 pupil Andrew Furtado with his lessons. SWOSCOL-COM won the 2001 Personal Excellence Flagship Award for its mentoring and tutoring efforts.

SWOS wins top honors in CNO flagship awards

By STGC ANDREW ROBILLARD
SWOSCOLCOM Public Affairs Officer

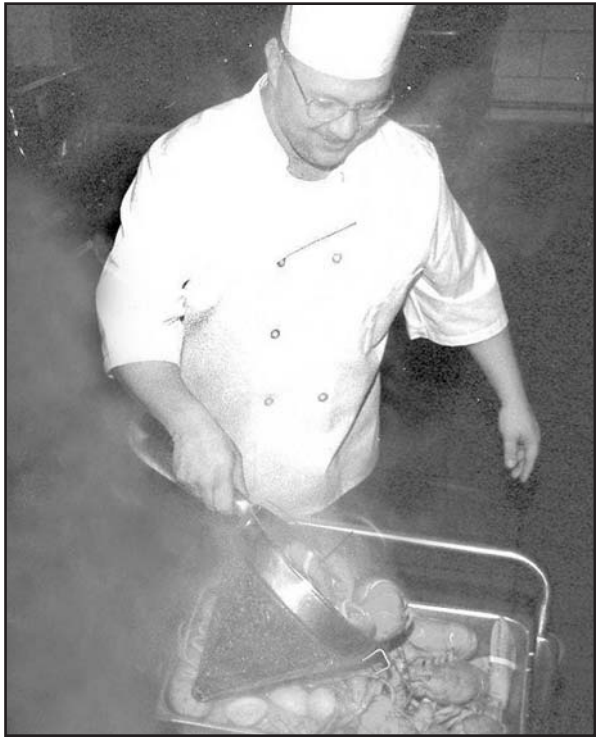
Each year the Chief of Naval Operations, through its Navy Community Service Award program, recognize outstanding community service projects at shore, sea and overseas commands in five flagship sponsor categories.

The Surface Warfare Officers' School Command has won in two of these categories, and received honorable mention in a third, for Medium Shore Commands.

SWOS won the 2001 Personal Excellence Flagship Award because of its "relentless dedication, personal commitment, spirit of volunteerism, and continued support of our Navy's community service program."

The Personal Excellence award recognizes partnership between Navy commands and schools or youth organizations that focus attention on the scholastic and citizenship development of youth.

Specific accomplishments by SWOS personnel include tutoring and mentoring local school children. **FLAGSHIP, Page 13**



Ron Fontaine/U.S. Navy photo

A COOK at Ney Hall, Naval Station Newport, steams another batch of lobsters at one of the galley's popular lobster lunches.

Galley wins 2nd Five-Star accreditation

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

For the second consecutive time, Ney Hall galley at Naval Station Newport has been named as one of 23 select ashore general messes Navy-wide rated with Five-Star accreditation in the Capt. Edward Francis Ney Memorial Awards Program.

Launched in 1958 by the Secretary of the Navy in collaboration with the International Food Service Executive Association (IFSEA), the prestigious award's focus is two-fold — to recognize outstanding execution of all aspects of the food service industry and to inspire continual strive for perfection.

The accreditation, valid for an 18-month period, involved an unannounced visit by an inspection team of senior Navy mess management specialists to **GALLEY, Page 13**

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Special events

NEX Easter coloring contest

The Navy Exchange invites children ages 3 to 10 to participate in the NEX Easter Coloring Contest. Entries may be picked up in the front foyer of the NEX and returned to the Customer Service Desk on or before March 19. Judging will be March 20.

The ages groups are 3 to 5; 6 to 8; and 9 to 10. Any medium may be used to color the illustration, such as Magic Markers, water colors, crayons or poster paints.

Winners will be posted and prizes can be claimed at Customer Service.

ASYMCA/MWR Easter Egg Hunt

Children age 7 and under of active duty military members are invited to participate in the ASYMCA/MWR Easter Egg Hunt on March 30 beginning at 10 a.m. at the Recreation Center, Building 656.

This free, fun-filled family event will feature egg hunts in three age groups: 2 and under, 3 to 4, and 5 to 7 with terrific prizes awarded for each egg found! There are so many prizes that everyone will leave with something! There will be children's activities and refreshments available as well.

Mark your calendar today so you don't miss this terrific family event! Call Sonya Sloan McGough at the ASYMCA at 846-9622 or the MWR Publicity Office at 841-4992 for more information.

Announcements

Quonset container port debated

The Coasters' Harbor Navy Yacht Club will present an overview on the proposed construction of a container port at the Quonset Point facility in Narragansett Bay on March 20 at 6:30 p.m. at the Officers' Club. The speaker will be Tophier Hamblett, Director of Public Advocacy for Save the Bay.

All hands are invited to hear how this project will impact local waters. The presentation is free.

Contact Paul Watters at 848-6761 for additional information.

Parking violators will be towed

Parking on Coasters' Harbor Island (CHI) continues to be a problem under Force Protection Bravo measures, Cmdr. James J. Cunha, Executive Officer, Naval Station Newport said.

All Naval War College personnel are restricted to parking in the interior of the Naval War College security perimeter and the paved New Hampshire Field lot.

Parking in the Surface Warfare Officers School Command lots is restricted to SWOS students.

Additionally, the new enforcement will limit parking on the rest of CHI to Combined Bachelor Housing residents and guests at the Newport Chalet, Harbor Island Conference Center participants, Gym 109 and SWOS student overflow.

With the spring season approaching and the softening ground, all personnel are reminded not to park on the grassy areas around NAVSTA, Cmdr. Cunha said. Any vehicles found parked on lawns and ball fields will be towed.

New gate hours posted

New gate hours for the Newport naval complex have been posted. The base is under Force Protection Bravo.

Gate 1: Inbound and outbound traffic, 24 hours, weekdays, weekends and holidays.

Gate 2: Inbound and outbound, weekdays 6 to 8 a.m. and 3 to 6 p.m. Closed weekends and holidays.

Gate 4: Inbound and outbound weekdays 6 a.m. to 6:30 p.m. (9:30 p.m. on Thursdays); and weekends and holidays 8 a.m. to 6:30 p.m.

Gate 7: Inbound and outbound (Naval Ambulatory Care Center) weekdays 5 a.m. to 9:30 p.m.; and weekends and holidays, 6 a.m. to 6 p.m.

Gate 10: Inbound and outbound weekdays 6 a.m. to 5 p.m.; Saturdays 6 a.m. to 1 p.m.; closed Sundays and holidays.

Gate 11: Inbound only weekdays 6 to 9 a.m.; inbound and outbound weekdays 11 a.m. to 1 p.m.; outbound only 3 to 6 p.m.; closed weekends and holidays.

Pier Two: inbound and outbound, 6 a.m. to 6 p.m.; closed weekends.

Naval War College south gate at Luce Hall, weekdays 6 a.m. to 9 p.m.; closed weekends.

Assistance

Experienced cook wanted

Come cook with us at the Morale, Welfare and Recreation's Community/Recreation Center, Building 656! If you are looking for some extra money, we're looking for your skills.

We will work around your duty schedule and are currently accepting applications for positions in our busy kitchen, paying over \$8.50 per hour!

Interested? Apply in person at Building 656. (Applicants must have one year remaining on-board.)

Share your love of sailing

The Coasters' Harbor Navy Yacht Club is looking for a few good sailing instructors! All you need is the ability to sail (handling a Rhodes 19 or similar keel or centerboard sloop rigged boat) and the

desire to share that ability with others.

The Basic Sail Training Program course of instruction is based on a local Naval Station Newport/Narragansett Bay Qualification. No special qualifications, i.e., US Sailing or USNSA, are required of the volunteer instructors.

Although there is no pay involved MWR will provide "sail training credits" — an hour's credit for every two hours of training. You can use the credits when you check out a recreational boat for your personal sailing pleasure (for up to 50 percent of the fee incurred).

Ask about additional CHNYC incentives.

Interested? Attend an information session, on April 23, 24 or 25 from 6 to 7 p.m. in Building 18, or contact Jim Gilmore, CHNYC Commodore, home phone 849-4044, or email jgilmore@lifespan.org.

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Ron Fontaine/U.S. Navy photo

FIVE WINNERS in the Navy Exchange chance drawing for tickets to the Harlem Globetrotters at the Dunkin' Donuts Center on March 23 in Providence hold their prizes at ceremonies last week. From left are Utilitiesman Second Class Harold Perkins, Phillip Pullom, Taylor Fontes, Ruth Tucker and Army Maj. John Bechtol.

What's Going On

Navy blue on parade with Irish

Navy Newport will boast a strong presence when the 46th annual Newport St. Patrick's Day Parade steps off tomorrow, 11 a.m., from Newport City Hall. The highlight of Newport's Irish Heritage Month festivities, the parade celebrates the rich contributions and proud legacy of Newport's Irish community.

Newport native Rear Adm. Barbara McGann, Provost of the Naval War College and last year's grand marshal, and Cmdr. James Cunha, Executive Officer, Naval Station Newport, will be among the dignitaries and head the military contingent.

The procession will begin at 11 a.m. from City Hall, Broadway to St. Augustin's Church.

TODAY, March 15

- 100th anniversary of the American Destroyer Exhibit begins through November, Naval War College Museum. Call 841-4052.
- The 52nd annual Home Show continues through March 17 at the Rhode Island Convention Center, One Sabin Street, Providence. Today, 2 to 10 p.m.; Saturday, 10 a.m. to 10 p.m.; and Sunday, 10 a.m. to 6 p.m. Cost is \$8 for adults; \$2 for children 6-12. For more information, visit www.rib-homeshow.com.
- "Fitness Walk and Tone," 8:30 to 9:30 a.m., Gym 109. New program designed for patrons age 50 and up. Class consists of stretching, muscle toning exercises and a 20-plus minutes of fitness walking around the gymnasium. Classes will be held Monday and Thursday. Cost is \$5 for five weeks! For more information, call the fitness staff

at 841-3154.

- Lunchtime Bingo, noon to 1 p.m. at the Recreation Center, Building 656! New game every 10 minutes. Also Thursdays.
- Movies at Recreation Center, Building 656. Shown all week upon request 5 p.m. to closing. *Out Cold* (PG13), *Behind Enemy Lines* (PG13), *The Last Castle* (R). Other movies are available and may be shown upon request.

SATURDAY, March 16

- Kindermusik at Armed Services YMCA, spring semester runs every Saturday through June 8, for newborns to age 5. Call Terriann Lane at 846-1331.

SUNDAY, March 17

- St. Patrick's Day.
- Chapel of Hope worship services:—Catholic mass, 9 a.m. and noon.
- Protestant Services, 8 and 10:30 a.m.
- Sunday Bowling, \$7 per hour. Seaview Bowling Lanes, Building 656.

MONDAY, March 18

- Armed Services YMCA:—Fitness Hour, 9 to 10:30 a.m.
- Little Kids Game Hour, 11 a.m. to noon. Have fun playing freeze dance, Bingo, hot potato and musical chairs. \$5 per child.
- Kids Sewing, 4 to 6 p.m. —A basic sewing class for ages 7 and up. \$48 for four 1 1/2-hour or three 2-hour classes, or \$36 for three 1 1/2-hour sessions. Pre-registration and payment required. Call 946-9622.
- Adult Beginner Sewing No. 4, noon to 3 p.m.

TUESDAY, March 19

- Navy Exchange Easter coloring contest deadline. Age groups, 3 through 10.
- Armed Services YMCA:—Fitness Hour, 9 to 10:30 a.m. —Tumbling Tots, 11 a.m. to noon. Move your body, test your coordination on the balance beam and tumble across the floor. \$5 per child.
- Scrapbooking, 9 a.m. to noon. Create beautiful memories with you snapshots. \$10 for beginners/\$5 to crop.
- Lovers Night Out, 6 to 9 p.m. Bring your child(ren) ages 18 months and older to the "Y" while you go out on a date. \$10 for the first child, then \$5 each additional child.
- Adult Beginner Graduate Sewing, 6:30 to 8:30 p.m. Make a beautiful bathrobe for yourself or as a gift. Tasks include how to apply a band, patch pockets and belt

loops. \$32 per person.

- Your Ticket to Ride Workshop, 6:30 to 8 p.m., Fleet and Family Support Center
- "Fitness Walk and Tone," 8:30 to 9:30 a.m., Gym 109. New program designed for patrons age 50 and up. Class consists of stretching, muscle toning exercises and a 20-plus minutes of fitness walking around the gymnasium. Classes will be held Monday and Thursday. Cost is \$5 for five weeks! For more information, call the fitness staff at 841-3154.
- Free movies at Officers' Club, 6 p.m., *The Musketeer* (PG13); 8 p.m., *13 Ghosts* (R).

WEDNESDAY, March 20

- Armed Services YMCA:—Parents Time Out, 9 a.m. to noon. Bring your child(ren) ages 18 months and older to the "Y" while you run errands or enjoy some time for yourself. \$10 for the first child, then \$5 each additional child.
- Kids Sewing No. 4 with Miss Eileen, 3:30 to 5 p.m. Kids ages 7 and older learn the basics of sewing. \$48 for four 90 minute classes; three 2-hour classes; or \$36 for three 90 minute classes. Call 846-9622.
- Federal Job Application Workshop, 11:30 a.m. to 1 p.m. Learn about the various ways to apply for federal jobs, including how to use the new Resumex system. Call 841-2283 to register or for more information.

THURSDAY, March 21

- Sponsor Training Workshop, 9 to 11 a.m., Fleet and Family Support Center. Designed for those who are or will be sponsors for active duty personnel and their families transferring to the area on PCS orders to help ease the stress associated with settling into a new duty station.
- Home by Myself Workshop, 11:45 a.m. to 1 p.m. Home alone skills for children, including police, fire safety, basic first aid, and role playing to test new skills. Children must be accompanied by an adult. Call 841-2283 to register or for more information.

Upcoming:

- March 31 — Easter Sunday.
- April 13 — 60th annual Newport Area Seabee Birthday Ball, 6 p.m., Naval Station Newport, Officers' Club. CNOMC (SCW) Harrell T. Richardson, Naval Facilities Engineering Command and Master Chief of the Seabees will be the guest speaker.

Seabee Ball to celebrate 60 years of Navy service

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

The Navy's engineering and construction community will celebrate 60 years of service at the annual Newport Area Seabee Birthday Ball on Saturday, April 13, at the Naval Station Newport Officers' Club.

Chief of Naval Operations Master Chief (Seabee Combat Warfare) Harrell T. Richardson, from Naval Facilities Engineering Command and Master Chief of the Seabees, will be the guest speaker.

All hands are invited to attend. The festivities will begin with cocktails and hors d'oeuvres at 6 p.m., followed by dinner at 7.

The menu will consist of the Admirals Buffet, featuring fresh garden salad; standing top round of beef; baked manicotti; chicken marsala; seafood newburg with white rice; green bean almandine; roasted baby carrots with honey and dill.

A cash bar will be available.

There will be dancing to the music of Sound Bytes DJ Service, and pictures for sale by a professional photographer will be available.

Tickets are \$25 per person for E-6 and below; \$40 for E-7

through O-3; \$45 for O-4 and above; and \$45 for civilians. To purchase tickets, check or money order should be made payable to "7th NCR CPOA."

Mail to:
Seabee Ball Committee
C/O 7th Naval Construction Regiment
ATTN: BUC (SCW)
Bellamy/YN1 Newman
1112 Kollmeyer St.
Naval Station Newport
Newport, R.I. 02841-1616

Deadline to purchase tickets is March 15.

For additional information, call 841-6220.

The name "Seabee" evolved from a cartoon-like unit insignia created by the late Rhode Island native Frank Lafrate in 1942 while working as an engineering clerk for the newly establish construction battalion at Quonset Point Naval Air Station in North Kingstown.

Lafrate, who first pondered using a beaver, settled on the bee for its defensive ability and work ethic. The grimace-faced bee appears hovering and ready for action donning a Sailor hat and clenching a submachine gun in its front arms and wrench and hammer in its side and back arms.



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LT. CMDR. L. D. KALSOW
Naval Chaplains School

Here's a story of a Sailor that seems fitting for this St. Patrick's day holiday weekend. From the book, *Chicken Soup for the Veteran's Soul*, we learn about Signalman Third Class Elgin Staples who was aboard the USS Astoria off the coast of Guadalcanal in 1942.

During a Japanese attack, he was blown off the deck into shark infested waters. Fortunately, he had remembered to don his life belt at the beginning of the attack.

After several hours in the water, Staples was thanking his lucky stars when he was picked up by a destroyer in the area and returned to the disabled Astoria.

Despite the crew's best efforts to save her, the Astoria began a fatal death roll into the Pacific waters and with it, Staples. Fortunately, he had not taken off his life belt. Although it was no longer fully inflated it still kept him afloat again in the dark waters until a second destroyer, by chance, rescued him again.

As he was pulled topside, Staples made a decision to keep the life belt. During the cruise towards port, Elgin noticed that his lucky preserver was made in his home-



MANY BELIEVE in the luck of the Irish, but maybe it's the hand of God involved.

town of Akron, Ohio. He decided to take it with him on his 30-day leave back to the States.

Sitting around the kitchen table, Staples told his family the story of his fateful survival. What he didn't know until he finished his story was the fact that his mother had begun work as an inspector at the plant where his life belt was manufactured.

He retrieved his life belt from his duffel bag and showed her his lucky charm. She took the life belt and examined the manufacturer's label. The inspector that made sure the life belt would per-

form as it should had just saved the life of her son. She intended to personally thank that person. She knew that inspector's number would be marked on that label.

Her face paled. As she read the markings on the label, she recognized her very own inspector number!

Here's my point: Was it a story of luck or a story of divine providence? When something miraculous happens in your life, do you assume immediately it was just your good luck, or do you pause for a moment and reflect credit upon God for being at work in your life?

Did the people Jesus miraculously cured proclaim how "lucky" they were? When something really good happens to you, don't be so quick to give your luck the credit. Take the opportunity to praise God.

Just some food for thought this weekend. Go ahead watch the parade. Have some corn beef and cabbage and a sip of green beer. However, remember this thought. You can choose to believe in luck or you can choose to believe in God.

Luck, by definition, is not as reliably faithful as the ever-present Heavenly Father.

Dear Navy Doc

Enlargement of prostate gradual

Dear Navy Doc:

I'm 59, and for the past three years I've needed to get up more and more frequently at night to urinate. Some nights I have to get out of bed three or four times to go to the bathroom. I read an article in a magazine about enlargement of the prostate. Is this what I have?

—M.

Dear M.:

Maybe. Several things can cause similar symptoms. You were probably reading about benign prostatic hyperplasia (BPH), a condition which affects the prostate gland in men. The word "hyperplasia" means enlarged. The word "benign" means the enlargement isn't caused by cancer or infection.

The prostate is a gland found between the bladder (where urine is stored) and the urethra (the tube urine passes through).

As men get older, the prostate gland slowly gets bigger. As the prostate gets bigger, it can press on the urethra and cause the flow of urine to be slower and less forceful.

Most symptoms of BPH start gradually. One symptom is the need to get up more often at night to urinate. A related symptom is the need to empty the bladder often during the day. Other symptoms include difficulty starting urine flow, decreased size and strength of the stream, or dribbling after urination ends.

Your healthcare provider will be able to tell you if you have BPH. She or he will take a complete history of your symptoms and perform a rectal exam to check the size of the prostate gland.

Your provider may also want to look at a sample of your urine for signs of infection or do a blood test. Further testing such as an ultrasound exam or biopsy of the

prostate may be needed in specific instances.

If your provider confirms that your symptoms are caused by BPH, there are several good treatments available. Medicines are available to help with the flow or to shrink the prostate. These don't work for everybody, and can cause side effects, such as dizziness or tiredness.

—Navy Doc

(This "Navy Doc" column was answered by Lt. T. L. Pentin, MC, USNR, a board-certified family physician at Naval Ambulatory Care Center, Newport. If you have a question(s) that you would like to have addressed in this column, forward it by email to dearnavydocnewport@us.med.navy.mil or drop off your written questions in the confidential "Dear Navy Doc" box at the Health Promotions clinic. Questions and responses are for publication only. Personal responses will not be forwarded to the individual. Individuals desiring a personal response should direct their question to their health care provider.)

Fleet and Family Support Center

Need help buying auto? This workshop's for you

Have you ever purchased a car or truck and then had this uncomfortable feeling that maybe you paid too much? If you want information on how to buy a new or used car or truck, plan on attending our workshop. Your Ticket to Ride, at the Fleet and Family Support Center on Tuesday, March 19, from 6:30 to 8 p.m.

Representatives from the Navy Federal Credit Union will provide you with the skills to negotiate the best price, compare costs of ownership, conduct research via the Internet and to explore financing and lease options. Call 841-2283 for more information and to register.

Federal Job Applications — Dust off those old resumes and join us at the Fleet and Family Support Center on Wednesday, March 20, from 11:30 a.m. to 1 p.m. Learn how to catalog and describe your skills in a reader-friendly way. Learn about the various ways you may apply for federal jobs, including how to use the new Resumex system.

Step-by-step coverage of sample forms will be reviewed, as well as computer programs for federal applications.

Registration is required by call-

ing 841-2283.

Home By Myself — The Home By Myself Program will be held at the Fleet and Family Support Center on Thursday, March 21, from 3 to 6:30 p.m.

Skills for children who may be left alone at home will be presented. Fire and police safety tips, basic first aid, and role-playing will be part of the program. A pizza party and certificate presentation will follow. Children must be accompanied by an adult.

Registration is required and may be made by calling 841-2283.

Homebuyers Workshop — Come to the Fleet and Family Support Center on Thursday, March 28, from 7 to 9 p.m., and meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options. Home-buying information for all areas of the United States is available at this workshop.

Registration is required. Call 841-2283.

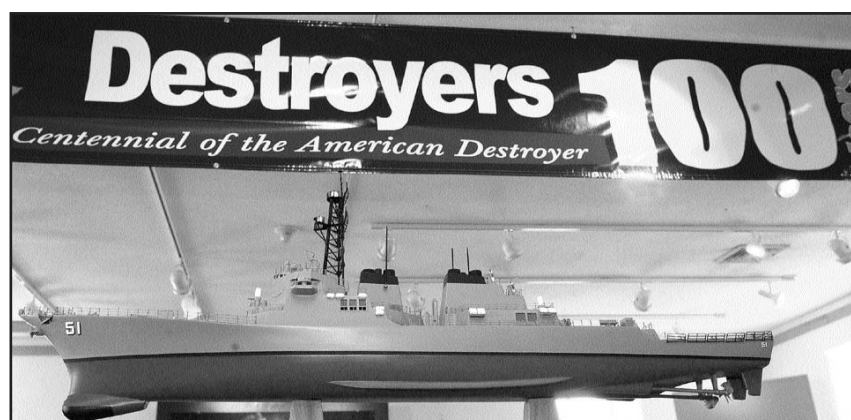
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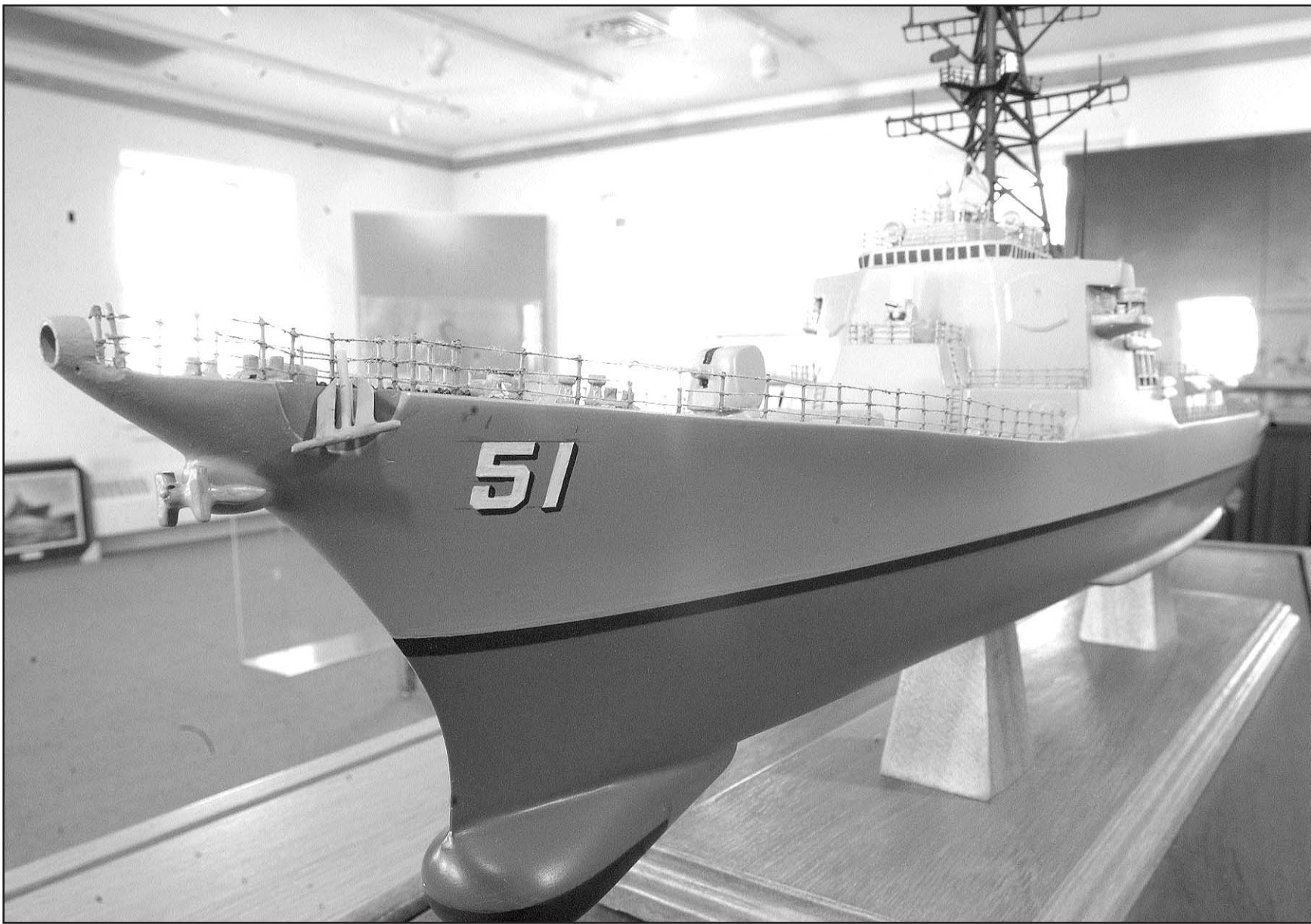
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Destroyer Centennial



BANNER celebrating the 100th anniversary of the American destroyer class hangs from the Naval War College Museum ceiling.

A MODEL of the guided missile destroyer USS Arleigh Burke, the first in her class of destroyers, is one of several in the exhibit, "Destroyers 100 Years," at the Naval War College Museum. The exhibit opens today.



Museum exhibit extols 'Greyhounds of Fleet'

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

An exhibit commemorating the proud service history and evolution of the American Navy destroyer over the past century debuts today at the Naval War College Museum. Entitled "Destroyers 100 Years," the historical overview takes a look at the warships instrumental in every military battle engaged over the past 100 years. It will be open through November.

"It's a story of the American destroyer," said Antho-

ny Nicolosi, Director of the Naval War College Museum. "It's told through a presentation of models of various classes of destroyers from 1902 to the present, some artwork, and memorabilia."

Motivated by and held in collaboration with the Surface Warfare Officers School Command (SWOCOLCOM), formerly the Navy Destroyer School, the exhibit starts with a model and artwork of the first American destroyer, the USS Bainbridge (DD-1). The Bainbridge was commissioned into service in

1902, was built to counter the smaller, faster torpedo boat.

"It all starts off with the torpedo boat," said Nicolosi. The destroyer was originally built with the name torpedo boat destroyer. It was made specifically to destroy this type of ship."

The Bainbridge, also the name of the first class of destroyer, is one of 12 ship models displayed that also represent the Fletcher, Spruance and Arleigh Burke Classes. The heart of the exhibit will be the mod

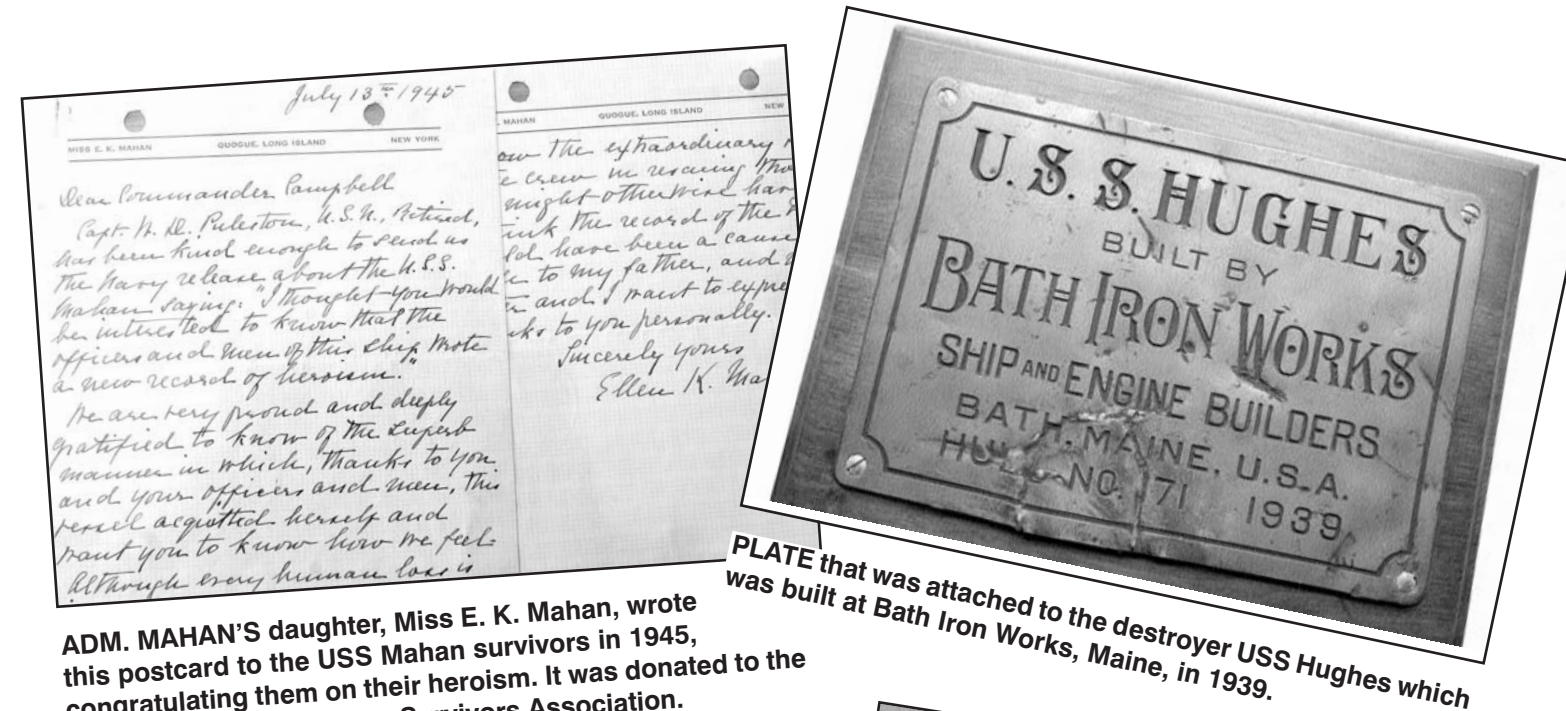
MUSEUM, Page 9



BOB CEMBROLA, left, curator at the Naval War College Museum, and John Pontarelli, NWC employee, measure to hang a mural at the exhibit.

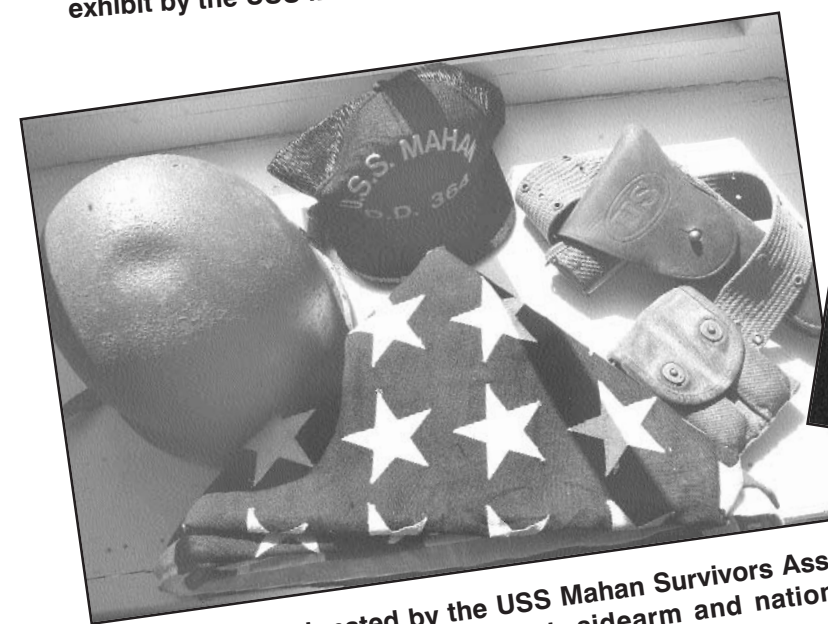


TONY NICOLOSI, director of the museum, points out some aspects of a mural depicting the night Battle of Guadalcanal in World War II. It is one of several enlarged for the display.

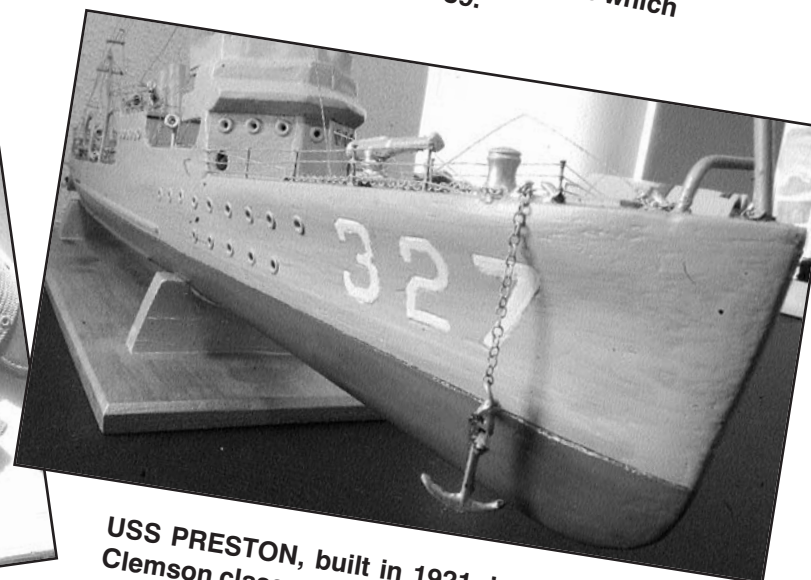


ADM. MAHAN'S daughter, Miss E. K. Mahan, wrote this postcard to the USS Mahan survivors in 1945, congratulating them on their heroism. It was donated to the exhibit by the USS Mahan Survivors Association.

PLATE that was attached to the destroyer USS Hughes which was built at Bath Iron Works, Maine, in 1939.



MEMORABILIA donated by the USS Mahan Survivors Association includes a ballcap, helmet, sidearm and national ensign.



USS PRESTON, built in 1921, is an example of the Clemson class of flush deck destroyers. This model was made by Earl Gladue of Bristol.

Ron Fontaine/U.S. Navy photos

Museum

Continued from Page 8

els, he said.

Most of the exhibit emphasis is placed on the World War II and the post-war period, but also includes destroyers of the World War I era. They were called "flush decks."

In addition to the aesthetic evolution of the destroyer, information on technological advances of weaponry throughout the period is offered.

On the flip side of the historical display, is SWOCOLCOM's contribution of a futuristic look into the Navy of the 21st century. The exhibit looks at the design and the advanced capabilities of the next destroyer class — the DD 21 Zumwalt. Also included is a history of the U.S. Naval Destroyer School that started in Newport in July 1961, and which evolved into the Surface Warfare Officers School in 1975 to train officers for all types of surface vessels.

Of local Navy historical interest, will be a model, mural and collection of memorabilia of the USS Mahan (DD-364).

Named in honor of Rear Adm. Alfred Thayer Mahan, second president of the Naval War College and one of the U.S. Navy's most influential historians and strategic theorists, the collection includes the flag flown in the Battle of Santa Cruz in the Solomon Islands campaign, memorabilia donated by members of the USS Mahan Survivors Association, a 1945 letter penned by Mahan's daughter to the survivors congratulating them for their heroics, and a proclamation by former Newport Mayor Robert McKenna declaring Mahan (DD 364) Day at a USS Mahan Survivors Association reunion on May 1991.

There are also models and artwork of early destroyers bearing the names of more modern ships once stationed in Newport, such as the USS Samuel B. Roberts and USS Miller.

Several pieces of artwork, enlarged from 8 by 10-inch pictures of paintings and prints into murals capture the ships and the battles they engaged in a timeline fashion.

One in particular is a 75 by 43-inch reproduction of a painting by artist John Hamilton. It displays American destroyers and cruisers in the night battle of Guadalcanal in 1942 defending attacks by the Japanese on U.S. Marine ashore positioned onshore.

Nicolosi said several prints for reproduction come from the Navy Art Collections in Washington, while some models were loaned by SWOS and the David Taylor Model Basin in Bethesda, Md.

To round out the exhibit, the museum will also show a video presentation encompassing the history of the destroyer and its service in World War II.

Naval Station Newport Clubs

BINGO is now even better

Lunchtime BINGO at the Recreation Center, Building 656, is the place to be every Thursday and Friday. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$300!

If no one wins, play continues until a good BINGO is called, winning that lucky person \$75!

Don't forget, if the jackpot isn't won another \$10 and another number is added for the next week—making the stakes even higher and the prize even richer! Friday's Jackpot starts at \$500, so you won't want to miss the 12:30 p.m. Jackpot game on either day!

There are still three regular games each day with \$30 prizes for every BINGO called and the Recreation Center serves lunch beginning at 11 a.m., so, bring your appetite for delicious food AND winning.

For more information or to order take out, call the Recreation Center at 841-2575.

Officers' Club

Kick off the weekend tonight from 5 to 7 with complimentary hors d'oeuvres in the Topside Pub. This buffet is kept well stocked with a variety of your buffet favorites and a huge selection of beverages.

For more information, call 846-7987. **The O'Club is Jazzin' up lobster night again!** Back by popular request, local jazz pianist Matthew Quinn returns to the Officers' Club for a spectacular repeat night of music, food and fun on Thursday, March 21!

Bring the whole family down to the Grand Ballroom for a festive evening featuring the ever-popular "Lobsters for Happy Hour" menu and free musical entertainment by one of Newport's finest jazz pianists, the quinn-tessential Matthew Quinn!

Accompanying this great entertainer is superb vocalist Billy Weston, another Newport shining star! Whether you love jazz or not, you won't want to miss this exciting and energizing event.

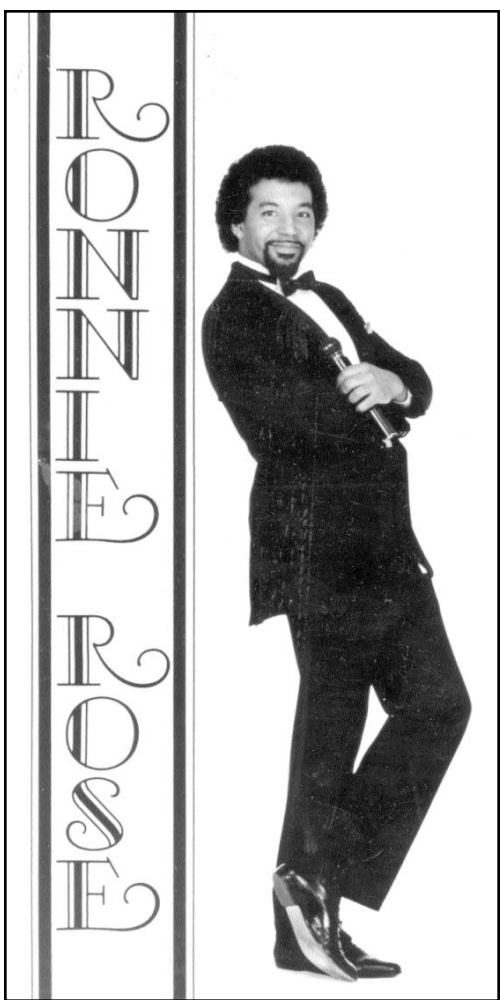
Dine on one-plus pound boiled lobsters, hot and spicy chicken wings, including blue cheese dressing and fresh-cut celery sticks, giant Idaho baked potatoes and fresh garden salad. It's a meal fit for a prince at a pauper's price!

"Lobsters for Happy Hour" are available from 5 to 7 p.m.; the pub menu will also be available starting at 5 p.m. Matt Quinn & Billy Weston will perform from 5:30 to 8 p.m. in the Grand Ballroom.

Crab-IS-King at the Officers' Club during this semi-annual feast! Purchase your tickets today, and you'll be enjoying a crab-lover's feast featuring dozens of mouth-watering crab delicacies on Friday, March 22!

Start your evening with delicious, home-made thick-with-crab bisque. Next, build yourself a fresh tossed salad from our super salad bar (includes crab salad) while your server brings loaves of warm rye bread—dig in!

Then, visit the buffet table and help yourself to crab cakes with zesty lemon sauce, crabmeat lasagna, crab del ray,



RONNIE ROSE, one of Rhode Island's finest entertainers, will perform at the Morale, Welfare and Recreation Department's Officers' Club for an extra special evening of fine dining, music and dancing on Friday, April 19. To purchase tickets, call 846-7987.

stuffed crab legs, and, of course, Alaskan king crab legs!

That's not all. This incredible buffet also features thin-sliced top round of beef au jus with whipped horseradish sauce, chicken parmesan, fresh vegetables al dente, and the best scalloped potatoes around!

Seating times are available from 5:30 to 9 p.m. and must be confirmed at time of ticket purchase. Tickets cost just \$30.95 for adults, \$11.45 for children 4 to 12 and all tickets include gratuity. You must purchase a ticket in advance, so get yours today!

Call 846-7987 for your tickets.

All hands are invited to join us for a Newport O'Club tradition: the annual Easter Sunday Buffet on Sunday, March 31, beginning at 11 a.m.

The buffet will feature dozens of appetizer and salad bar items, a variety of breads, several main dish selections and more dessert choices than you can imagine.

Bring a camera and take pictures of your children with the Easter bunny! Tickets go on sale at the Officers' Club Gift Shop. Cost is \$24.10 for adults, \$11.45 for children 4 to 12; and free for children 3 and under. Ticket prices include gratuity and all tickets must be purchased in advance. Seating times are available from 11 a.m. to 3 p.m. and must be confirmed at time of ticket purchase. For more information call 846-7987.

Shake-off the winter blues and welcome spring with tickets to a fabulous

Shrimp Feast, Friday, April 12 from 5:30 to 9 p.m. at the Officers' Club! Tickets are now on sale for this huge shrimp-lover's event!

Enjoy thick-with-shrimp bisque, salad, and warm dinner rolls before you dig into the all-you-can-eat shrimp buffet featuring shrimp cocktail, baked stuffed shrimp, jumbo shrimp scampi, grilled lemon pepper shrimp, Louisiana BBQ shrimp, three-alarm shrimp, table-served golden-fried split-tail shrimp and more!

Tickets cost \$29.85 for adults, \$11.45 for children (4-12), and, as always, children 3 and under are free.

Please note — Gratuity is included in ticket price.

Seating reservations are required and must be made at time of ticket purchase. Call 846-7987 to purchase tickets or for more information.

Ronnie Rose, one of Rhode Island's finest entertainers, is coming to the MWR Officers' Club for an extra special evening of fine dining, music and dancing on Friday, April 19.

Our chefs have pulled out all the stops for this "Swing into Spring" dinner show with a menu that is sure to please! The gourmet feast features wild mushroom soup, fresh spinach salad with honey Dijon dressing and mouth watering buffet selections such as veal Newport, chicken Francais, grilled tenderloin au poivre, lamb with Frangelico sauce and baked halibut with whole tomato and leeks in beurre blanc.

Eat as much as you want because you won't be able to sit still once Ronnie Rose hits the stage at 7 p.m.!

Cocktails (cash bar) and hors d'oeuvres will be available at 6 p.m. and dinner begins at 6:45. Tickets, including gratuity, are \$24.10 per person and may be purchased at the O'Club Gift Shop or by phone using Visa/MC. To purchase tickets to this or other dinner shows, or for more information, please call 846-7987.

The Topside Pub offers great, low-cost specials every night of the week! Don't miss a terrific double meal deal every **Monday and Tuesday** night from 5:30 to 8 p.m. Pasta Nights feature all-you-can-eat fresh cooked pasta, salad and warm garlic bread.

Get over the mid-week blues on **Wednesdays** with free sliced beef from 5 to 7 p.m. Buy a beverage of your choice and receive a "free food token" good for two free sliced beef sandwiches.

Every **Thursday** night, from 5 to 7 p.m., join your friends at the Topside Pub for lobsters for happy hour. You can get one-plus pound boiled lobsters, GIANT baked potatoes, hot and spicy wings and fresh garden salads for super prices you won't find anywhere else! It is meal fit for a king or queen at a great price!

The pub opens at 4 p.m. Monday through Saturday. For more information, call 849-3693.

Recreation Center

The Morale, Welfare and Recreation Department's Computer Café, located in the Community Recreation Center, Building 656, is now open at 6:30 a.m., giving you even more opportunity to stay con-

nected!

The computer center is open seven days a week and computer use is still free, so it's never been so easy or affordable to keep in contact with friends and family!

Current hours of operation are: Monday through Thursday, 6:30 a.m. to 11 p.m., Friday, 6:30 a.m. to midnight, Saturday, 11 a.m. to midnight and Sunday, 9 a.m. to 10 p.m.

Call 841-2194 for more information.

Eat, Drink and Play: The Computer Café at the Recreation Center opens at 6:30 a.m., Monday through Friday, and offers a delicious breakfast menu featuring sandwiches, bagels, croissants and even pancakes—all available for take-out!

Have a little more time? Come on in, sit down for a cup of coffee and eat, drink and play—it's a great way to start your day!

For more information or to place an order, call 841-2575.

Enlisted Lounges

The original reality based show Survivor is back at the beach, this time from "paradise" on the island of Marquesas, a distant neighbor of Tahiti in the South Pacific. Watch at the Recreation Center, every Thursday night starting at 8 p.m. and see who survives. Cast your ballot on who will be the next one "Pitched out of Paradise," by 8:45 p.m. and you could win!

At the conclusion of the show the bartender or manager on duty will begin pulling the ballots. The first correct answer will win! The winner at the Recreation Center will receive a gift certificate for a fish and chips dinner. You must be present to win and there will be one winner for each episode. Contest will take place every Thursday through the final episode. Come on out and see if you can outwit, outplay and outguess your fellow viewers. Call 841-2575 or 841-3054 for more information.

You can still enjoy a complete steak dinner including potato and salad, on Thursdays and fresh, delicious fish and chips on Fridays. Lunch is open to all hands and Department of Defense civilians are always welcome. Call 841-3054, for advance orders or for more information.

Every Friday — Enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m. Head over early and enjoy a delicious lunch including a fish n' chips special. The lunch menu also includes sandwiches, burgers and more. For more information or take-out orders, call 841-3054.

Visit the Enlisted Lounges at the Recreation Center, Building 656, every night of the week for great money-saving specials! Order off our delicious pub menu, featuring burgers, salads, sandwiches and more every Monday. Come in on Tuesday and create the perfect taco using all your favorite ingredients. Or, wake up your Wednesday with "Wild Wings!" Order a basket, add some celery and blue cheese and your got a midweek meal!

It's a "steak" out every Thursday with a sizzling sirloin, French fries and a crisp green salad and Fridays were made for fish n' chips—you won't want to miss a night of these excellent meal deals. Evening specials are served from 5 to 8 p.m.

Ticket Connection

We've got your tickets to the Boston Red Sox!

Take your family out to the ball game with great box seats in Fenway Park, home of the Boston Red Sox. The Morale, Welfare and Recreation Department Ticket Connection is pleased to announce the availability of four upper and four lower box seat tickets for each weekend home game of the Boston Red Sox, as well as for Opening Day and the Patriot's Day holiday game. Both boxes are located behind and to the left of home plate.

Tickets will go on sale at 9 a.m. on Saturday, March 23, at the Ticket Connection, Building 656. Sales will be limited to active duty military personnel only on Saturday (9 a.m. to 1 p.m.) and Monday March 25, (8:30 a.m. – 5 p.m.); a valid military ID must be shown upon purchase.

Commencing Tuesday, March 26, the remaining tickets will be available to all authorized personnel. Tickets must be purchased in multiples of two and will be limited to four tickets per person, per day. Upper box seat tickets are priced at \$59 each; lower box tickets are priced at \$65 each. Phone orders will not be accepted. For more information call 841-3116.

We love New York, and so will you!

There's no city on Earth like the Big Apple and the Morale, Welfare and Recreation Department Ticket Connection is going to take you there on Saturday, April 13!

Shop for the latest spring fashions, visit the newest exhibit at a museum, or catch a Broadway show for half-price with tickets from the Times Square ticket booth—the choice is yours! Trip price is just \$43 per person and the bus will depart at 7 a.m. from the grassy area outside of Gate 4 and is scheduled to return at approximately 11 p.m. Register at the Ticket Connection, Building 656 or call 841-3116 for more information.

Armed forces can ski Killington, Vt., for less

Active duty, reserve, and retired members of the U.S. Armed Forces, as well as National Guard members, are invited to ski one of the premier New England peaks at a super discount!

Purchase an Armed Forces Value Card and you'll get lift tickets to Killington in Vermont for just \$35 a day—that's a daily savings of \$23 to \$27!!

The value card costs just \$10 if it is purchased in advance (at least 10 days before you plan to use it) through the Group Sales Office at Killington (card applications are available at the MWR Ticket Connection Office in Building 656), or \$25 if purchased via the Killington website or at the resort.

The military member may use the card to purchase one deeply discounted lift ticket per day, Sunday through Friday, (excluding holiday periods) for the entire ski season (card expires June 1!)

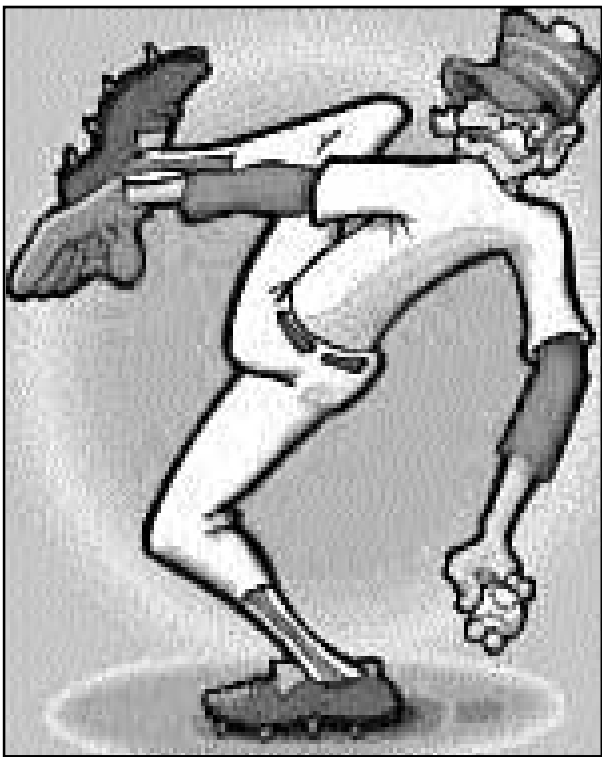
Complete details and card applications are available at the MWR Ticket Connection Office or contact Michael Clifford at mclifford@killington.com to receive an application by email.

Note: your Commanding Officer, their designee, or the Ticket Connection Manager must sign the order form.

Peek inside some fabulous houses

If you have always wondered what the inside of some of the most beautiful privately-owned homes in Newport look like, the eighth annual "Neighborhoods of Newport" House Tour is what you've been waiting for!

The tour takes place, rain or shine on Sunday, April 28, from 10 a.m. to 4 p.m. and ticket holders will be able to tour the interiors of five fabulous



PLAY BALL — Ticket Connection has four upper and four lower box seat tickets for each weekend home game of the Boston Red Sox, as well as for Opening Day and the Patriot's Day holiday game. Tickets will go on sale March 23 to active duty military personnel only. For more information call 841-3116.

homes never before open to the public!

For security purposes and in order to protect the privacy of the homeowners, we cannot divulge the exact locations of these properties until the day of the tour. However, we can tell you that this year's tour will be spectacular! Participating homes include a breathtaking 100-year-old ocean front estate perched on a cliff, an historic 1700s sea captain's home, and a 9,000-plus square foot contemporary villa, situated on four-acres.

Additionally, the tour will take you through an underground tunnel connecting one of the homes with its three-bedroom guesthouse.

Discounted tickets may be purchased at the Ticket Connection, Building 656 and are priced at \$23 per person. Tickets purchased at other sale locations will cost you \$25 (until April 15) to \$30 (after April 15), this is a real money saving opportunity to see some of Newport's most fabulous residences—inside and out!

Absolutely no cameras, pets, high-heeled shoes or children under the age of 12 are allowed. For full details, visit the Ticket Connection Office or call 841-3116.

We have lift tickets for area ski resorts

Do you love to ski, but hate driving for hours to get to a ski resort? Why not ski Wachusett instead? Wachusett Mountain is located in scenic Princeton, Mass., and is just a two-hour drive from the Newport area.

The Ticket Connection, Building 656, has Wachusett Mountain lift tickets available for weekend or holiday skiing for patrons. Each pass costs just \$41, saving you \$2 off the regular price.

Prefer big mountain skiing? How do seven mountains, 32 lifts, and endless nightlife sound? Killington Ski Resort in Killington, Vt., offers all that and more! With a discount lift ticket from Ticket Connection, you can get big mountain skiing at a molehill of a price—just \$52.

It's a saving of \$7 off the weekday rate and \$10 off the weekend/holiday rate. Discount lift tickets can be used any day and are available now at the Ticket Connection. For information, visit the office or call 841-3116.

Gear Rental

Gardening supplies for rent

Spring is just around the corner so if you need help getting your lawn or garden in shape, visit Gear Rental, located in Building 303 and get the tools you need!

Rent a rototiller and put in that new lawn or garden today! Great selections of gardening tools are also available for rent. Why buy when you can rent at affordable rates right here on base? For more information, call 841-2568.

Skiers, skaters wanted: We have your gear here

Don't be left out of spring skiing just because you don't have the right equipment! Gear Rental, Building 303, has a complete line of rental skis and snowboards. We also have ladies figure and men's hockey skates.

This winter Gear Rental has added Headliner Ski-Boards, the latest in extreme winter sports. We still offer high quality ski accessories, tuning services and ice skate sharpening for \$3 a pair for military personnel and \$4 for DoD civilians.

Receive a complimentary copy of *Ski Press* and other information about New England winter sports when you visit Gear Rental. Get your gear and have some winter fun in New England! For more information, call 841-2568.

Tune-up skis and snowboards here!

Keep your skis and snowboards in shape by bringing them to Gear Rental, Building 303 for a tune-up. The staff at Gear Rental will sharpen and wax them to perfection so your skis will be ready to go when you are!

Cost for this personal ski tune-up is just \$15 for military personnel and \$18 for DoD civilians and includes minor base repair, edge grinding and a wax.

For more information, please call 841-2568.

Auto Skills Shop

Winter's still around; maintain your vehicle

The weather may be balmy, but it's still winter. Stop over at the Auto Skills Shop, Building 304, and pick up your free Winter Tune Up checklist. Remember, neglected car maintenance wastes money and could leave you stranded in the cold!

Are your windshield wipers leaving streaks on your window? Do your directional lights on both the front and back of your vehicle work properly? Maintenance on these items is often overlooked, but they are important to insure the safe operation of your car.

Visit the Auto Skills Shop, Building 304, and have your windshield wiper blades inspected today. The automotive professionals can also check your headlights, brake lights and directionals to ensure they are working correctly. The retail shop can order any parts you need to keep your vehicle in tip-top shape.

The Auto Skills Shop is open Tuesday through Friday from 11 a.m. to 7 p.m. and on Saturday from 9 a.m. to 5 p.m.

Call 841-3026 for more information.

Get grime off your car!

Take the winter grime off your car with a visit to the indoor car wash bay at the Auto Skills Shop, Building 304.

For just \$2.50 you can safely wash your vehicle indoors instead of taking it through a potentially paint-damaging automatic car wash. If you just need to clean the inside of your car, make use of the powerful outdoor vacuums. They are available 24-hours a day and make keeping your car's interior clean easy!

For more information, call 841-3026.

On base movies

Officers' Club—Tuesday, March 19 at 6 p.m., *The Musketeer* (PG13); 8 p.m. *13 Ghosts* (R).

Recreation Center—Beginning tonight the following movies will be shown upon request, nightly starting at 5 p.m.: *Out Cold* (PG13), *Behind Enemy Lines* (PG13), *The Last Castle* (R). Other movies are available and may be shown upon request.

Former Reagan adviser sees ‘a bumpy ride in Middle East’

By LT. DAVID AUSIELLO
with ENS. PETER FEHRING
NWC Public Affairs Staff

In his opening remarks, Rear Adm. Rodney P. Rempt, President of the Naval War College, set the tone for its recently completed spring intercession- al conference, “The Arc of Instability: Challenges for U.S. Policy and Strategy in the Greater Middle East.”

“Never has evil been more plain to us, and never has our resolve to stand in the face of evil been greater,” said Rempt. “Inspired by the work of the generations that precede us here at the Naval War College, we cannot be daunted by the awesome task before us.”

Calling the conference “an integral part of the War College’s contribution to the terror war,” Rempt then passed the podium to several world-class experts who, over the next two days, immersed conference participants in an unparalleled journey into the “Arc of Instability.”

Geoffrey Kemp, special assistant to President Reagan for National Security Affairs, in the opening keynote address, told a capacity crowd in Spruance Auditorium to “fasten their seatbelts and prepare for a bumpy ride” in the Greater Middle East.

In his remarks, Kemp outlined three different plans the current administration is contemplating in regards to Iraq.

The first approach, according to Kemp, is to “work more intensely to promote internal dissent in Iraq.”

This strategy could lead to a possible “coup d’etat” and the eventual removal of Saddam Hussein. Noting this plan is backed primarily by the intelligence community, Kemp remarked, “It would be great if it works.”

Kemp described a second option, which would be similar to the current war in Afghanistan.

“It would be a short intensive military campaign using overwhelming air power and limited ground

troops.”

The third possible scenario, according to Kemp, would require a “major buildup of U.S. military forces, on the scale of 200,000, which could require preparations of up to a year.”

The current Director of Regional Strategic Programs at the Nixon Center in Washington D.C., Kemp also remarked that such an option would require access to several Arab nations, including bases in Saudi Arabia.

Robert B. Oakley, former U.S. Ambassador to Pakistan, wrapped up the first day of the conference, and provided participants with some encouraging news.

“The situation in Afghanistan and Pakistan is not as disastrous as it was on the 10th of September,” said Oakley. “The Pakistan-Afghani nexus has been a breeding ground and the operational base for terrorist fighters in a Taliban-led jihad.”

“Since the Sept. 11 attacks, this nexus has been effectively neutralized for a long while to come.”

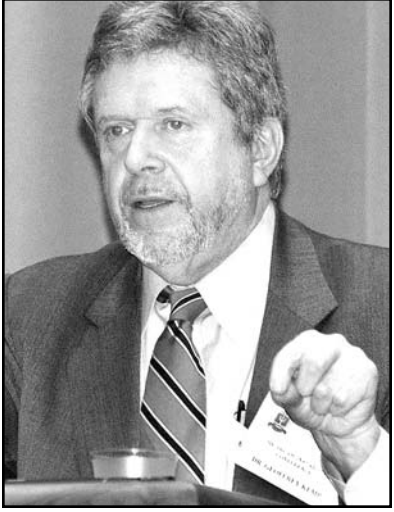
Oakley also spoke about the future, and the need for a continued American presence in Afghanistan.

“Only the U.S., if anybody, can put the pieces together for stabilizing the region. And we can do it without a huge allocation of U.S. forces. A decentralized organization of governmental forces will be the key to success as well as a decreased military presence in the area.”

Oakley, who was appointed U.S. Ambassador to Pakistan in August 1988, spoke about Pakistan’s connection with the Taliban.

“This whole radical development has been a cancer eating away at Pakistan itself which is not, by nature, a radical Islamic country.”

“Wave after wave of young Pakistanis came out of Islamic religious schools to join the Taliban.”



GEOFFREY KEMP, the Director of the Regional Strategic Program at the Nixon Center in Washington DC., makes a point during the spring intercessional conference at the Naval War College last week.

Recreation

Spring sports registration

Today is the last day to register your child for spring sports. Soccer, t-ball and coach-pitch baseball registrations are being accepted at Gym 109.

T-ball is open to children ages 4 to 5 and youth ages 6 to 8 may register for coach-pitch baseball. Soccer registration is open to ages 4 to 12. All games are held on Saturday mornings, beginning April 6 and ending on June 15. Cost is \$25 per child for either the baseball or soccer league, and soccer skill evaluations will take place in March.

Register at Gym 109 from 8 a.m. to 4 p.m., Monday through Friday, or call 841-3154 for more information.

Intramural volleyball

Adults age 18 and over are invited to register for the NAVSTA Intramural Volleyball League that begins Monday, March 25. Matches will be played Monday through Friday at 5:15, 6:15 and 7:15 p.m. on court 2 at Gym 109.

Sports



Lt. Cmdr. Terry Allward/U.S. Navy photo

ENSIGN JOCELYN M. BUTCHER, assistant track coach for the Naval Academy Preparatory School (NAPS), receives a citation from Capt. Bruce S. Bole, Commanding Officer.

NAPS track coach recognized

Ensign Jocelyn M. Butcher, assistant track coach for the Naval Academy Preparatory School (NAPS), was recognized by the command last week. Capt. Bruce S. Bole, Commanding Officer, attended the ceremonies.

A citation read at ceremonies commended Butcher “for professional achievement in her duties as assistant track coach from Jan. 1, 2001, to last March 1.

“During this period, Coach Butcher’s combination of dedication and experience provided a sound fundamental base for our sprinter and hurdler athletes,” the command said.

“Her demanding and inspirational approach to the preparation of competing at the collegiate level was superb and resulted in unmatched intensity and success.

“She is an intelligent, results-

oriented coach who directly contributed to the profound success of the NAPS track team and this command. Her professional execution of responsibilities included; daily practice schedules, strength and conditioning and meet strategy.

“Coach Butcher was committed to the overall success of this organization and to team excellence. Her strong work ethic and leadership were on display daily and directly contributed to the resounding success of the NAPS track team and NAPS’ midshipman candidates through a proactive and competent approach to her duties.

“Her noteworthy professionalism served as an outstanding example to NAPS’ Midshipman Candidates and was in keeping with the highest traditions of the United States Naval Service,” the command said.

Intramural basketball

The results of the Intramural Basketball League Tournament held last week at Gym 109 follow.

Round 1

NACC def. DH 166, 39-26
SWOS 148 def. NWDC, 44-42
PWT def. Anarchy, 54-47

Round 2

SWOS def. SSP, 50-37

Alpha Squad def. NACC, 46-41
Bad Boys def. SWOS 148, 66-53
DUCKS def. PWT, 60-55

Round 3

SSP def. DH 166, 46-27
SWOS 148 def. Anarchy, 72-70
PWT def. NWDC, 2-0

Newport Naval Cable TV

New MCPON offers exclusive interview

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week’s Navy/Marine Corps News show:

— The next Master Chief Petty Officer of the Navy provides an exclusive interview.

— Naval Air Technical Training Center in Pensacola, Fla., provides top notch training for sailors, as part of the new Task Force Excel program.

— Ten Submarine Sailors in Groton, Conn., show their “Navy” pride on the *Late Show with David Letterman*.

— Mess management specialists in Hawaii demonstrate their culinary creativity on a local cable television show.

Go Navy, chart your own future

This week on Newport Naval Cable Television see the Navy’s latest 12-minute informational video on channel 11 at 8:20 and 11:50 a.m., and 5:20 p.m. which may help you decide your future.

Higher education in the Navy escapes the traditional classroom and takes on the adrenaline of the real world. Travel coast to coast; continent to continent.

History examines U.S. naval warfare

This week’s featured video, *African Americans in World War II*, A Legacy of Patriotism and Valor, will follow Navy and Marine Corps News, at 9 a.m., and 1 and 6 p.m.

Health Wellness Videos

The Naval Ambulatory Care Center and the Health Promotion Action Council want to help service members achieve and maintain their optimal health and

wellness, while learning more about disease prevention.

Health education and wellness programs are now offered on Newport Navy Cable Television channel 13, Tuesday through Thursday, from 2 to 3 p.m.

During next week’s featured segments, beginning March 18, learn more about *Endometriosis, and Gallstones*.

If interested in classroom/video programs or in participating in the Health Promotion Action Council, call Health Promotion Department at 841-6777.

Fleet & Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1 and 7 p.m. The weekly schedule is displayed below.

To obtain a video schedule or for more information, contact the Naval Station Newport Public Affairs Office at 841-3538.

DAY	TITLE
Friday through Sunday	Boys will be Boys
Monday	The Problems of the Wounded Child
Tuesday	Original Pain
Wednesday	Reclaiming Your Infant Self
Thursday	Reclaiming Your Toddler Self

Galley

Continued from Page 4

review critical areas within the food service industry. Those areas included food preparation, management, administration, equipment safety, sanitation, plastic waste and disposal.

Prior to the consecutive awards, Ney Hall Galley was last recognized in the Ney competition for most improved galley food operations in 1992.

In addition to the shore facility five-star accreditations, awards are also given for first, sec-

ond and third place at Small, Medium and Large afloat commands for food service excellence on ships and submarines in the Atlantic and Pacific Fleets, with a separate category for first and runner-up for aircraft carriers.

Ney Hall will be formally honored in award ceremonies at the annual International Food Service Executives Association (IFSEA) conference on March 22, in Tampa, Fla.

Graduates

Continued from Page 2

ations in October 2000.

The Naval War College was founded in 1884 to enhance the abilities of its students to make sound decisions in command, staff, and management positions and to develop a sound undertaking of strategy to include naval, joint and combined campaigns. It is the world’s oldest institution of its kind, continuously devoted to advanced military studies.

The graduates are:

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Cmdr. Gail M. Bovy, U.S. Navy
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Flagship

Continued from Page 4

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Navy-wide news

**USS Kennedy Battle Group
relieves Theodore Roosevelt**

ABOARD USS JOHN F. KENNEDY, At Sea (NNS) — Ships and squadrons of the aircraft carrier USS John F. Kennedy Carrier Battle Group relieved their counterparts in the aircraft carrier USS Theodore Roosevelt Carrier Battle Group last week.

In company with the Mayport, Fla.-based Kennedy are: Carrier Air Wing from Oceana, Va.; Mayport-based cruisers USS Hue City, USS Vicksburg, destroyer USS The Sullivans (DDG 68); and the Norfolk, Va.-based fast combat support ship USS Seattle.

Two attack submarines are also members of the Kennedy battle group: USS Toledo home-ported in Groton, Conn., and the Norfolk-based USS Boise.

**New thermobaric
weapons tested**

INDIAN HEAD, Md. (NNS) — The March 2 air strikes on al Qaeda and Taliban forces in Afghanistan marked the first use ever of thermobaric weapons, a new bomb developed by explosives engineers at Naval Surface Warfare Center (NSWC) Indian Head Division.

Thermobaric explosives create sustained temperatures and overpressures in a confined structure, such as caves, tunnels or hardened structures.

They are fuel-rich explosives that use oxygen from the target to create a longer burn time than conventional explosives, making it more effective in caves and tunnels, while, in a sense, sucking the air from the confined space. Thermobaric weapons are designed for use on laser-guided missiles, to detonate either at the opening of or inside a cave or tunnel.

**New MCPON
announced**

WASHINGTON (NNS) — Chief of Naval Operations Adm. Vern Clark announced today that he has selected Master Chief Petty Officer (SS/AW) Terry D. Scott to succeed Master Chief Petty Officer (SS/SW/AW) James L. Herdt as Master Chief Petty Officer of the Navy. Scott currently serves as the CNO-directed command master chief for Naval Forces Central Command and 5th Fleet.

Scott was born in Buffalo, Mo., and raised in Louisburg, Kan. He entered the U.S. Navy in 1976 and has served on board USS John Adams (SSBN 620), USS James Madison (SSBN 627), USS Jacksonville (SSN 699), and Strike Fighter Squadron 192 (VFA 192) deploying on board USS Independence (CV 62) and USS Kitty Hawk (CV 63).

Scott's shore tours have included Fleet Ballistic Missile Submarine Training Center, Charleston, S.C., and Commander, Submarine Squadron 14 in Holy Loch, Scotland. Scott attended the Navy Senior Enlisted Academy in Newport, R.I., graduating with academ-

ic honors.

**New Navy hull coatings
aimed at pesky barnacles**

ARLINGTON, Va. (NNS) — For as long as the Navy has been building ships and putting them in the water, it's been battling those pesky little ocean critters that attach themselves to ships for a free ride. The ubiquitous, determined barnacle, in addition to tubeworms, oysters, algae and other invertebrates, has long been the bane of many a fleet and flotilla.

Pitch, copper sheaths, oils and gums, pesticides, silicone, arsenic — over the centuries, all have been tried and none have been able to get rid of barnacles. But the Office of Naval Research (ONR) is looking into an environmentally friendly solution.

Barnacles secrete a rapid, underwater curing cement

that is among the most powerful natural glues known, with a tensile strength of 5,000 pounds per square inch and an adhesive strength that has been measured at 22 to 60 pounds per square inch.

Attaching themselves to ship hulls, billions of barnacles cost the Navy more than \$50 million a year just in fuel costs due to drag. It's estimated that a newly painted destroyer would lose two knots of speed every six months if not scraped and cleaned, and this rate doubles in tropical waters.

ONR is trying to develop a non-toxic, foul-release polymeric marine coating. The problem is that the toxicity of so many of the coatings that are used worldwide — copper-based coatings, for instance — are known to be lethal to some marine organisms.

The U.S. Navy never implemented the widespread use of the much more toxic tin-based paints on its ships.

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